

# SpectraCare Nondiscrimination Notice

## Discrimination is Against the Law

SpectraCare Health Systems, Inc. complies with applicable federal and state civil rights laws and does not discriminate against any individual on the basis of race, color, ethnic or national origin, ancestry, sex, gender, age, sexual orientation, gender identity and expression, religion, creed, political beliefs, or disability in admission, treatment, or participation in its programs, services and activities, or in employment, or on the basis of sex in its health programs and activities. SpectraCare Health Systems, Inc. does not exclude people or treat them worse because of their race, color, ethnic or national origin, ancestry, sex, gender, age, sexual orientation, gender identity and expression, religion, creed, political beliefs, or disability.

Upon request, SpectraCare Health Systems, Inc. will provide auxiliary aids and services to individuals with disabilities and language services to individuals whose first language is not English when needed to ensure equal opportunity and meaningful access to the department's programs, services and activities. Examples of aids and services include, but are not limited to, qualified sign language interpreters, written information in other formats, foreign language interpreters and information translated into other languages. SpectraCare Health Systems, Inc. will provide aids and services in a timely manner and free of charge.

## How to file a complaint

If an individual believes discrimination has occurred, a grievance can be filed with SpectraCare Health Systems, Inc. at (800) 951-HELP (4357) or Alabama Disabilities Advocacy Program (ADAP) at <http://www.adap.ua.edu>.

Civil rights complaints can also be filed with the U.S. Department of Health and Human Services Office for Civil Rights electronically through the Office for Civil Rights:

1. Complaint Portal available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>,
2. By phone: (800) 368-1019; Fax: (202) 619-3818. TDD users should call 1-800-537-7697
3. Email: [OCMAIL@hhs.gov](mailto:OCMAIL@hhs.gov)
4. In writing: Send information about your complaint to:

*Office for Civil Rights  
U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201*

Complaint forms are available at [www.hhs.gov/ocr/office/file/index.html](http://www.hhs.gov/ocr/office/file/index.html).

## To request aids and services or to file a grievance, please contact:

**SpectraCare Health Systems, Inc.**

P.O. Box 1245 | Dothan, AL 36303

Phone: (800) 951-4357

[\(Click this link to email a SpectraCare representative\)](#)